Program of events



2025 TLC Global Gratitude Summit May 14, 2025

Schedule	e at a	glance
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Wednesday May 14, 2025 9:00 AM - 3:00 PM*		
Zoom	9:00	Opening Remarks
*Times listed are Eastern Daylight Time	9:15	Uncovering the Cognitive and Cultural Foundations of Gratitude
	10:00	Flash Talk Session 1
	10:45	Break / Poster Q&A Session 1
	11:00	Global Gratitude Dataverse Demonstration
	11:30	The Early Development and Socialization of Gratitude in India and
		the United States
	12:45	Break / Poster Q&A Session 2
	1:00	New Insights in Gratitude Research
	2:00	Flash Talk Session 2
	2:45	Closing Remarks

Speaker details

9:00 AM	Opening Remarks Sara Algoe ¹ ¹ University of North Carolina at Chapel Hill
9:15 AM	Uncovering the Cognitive and Cultural Foundations of Gratitude
	<i>"New measures of gratitude"</i> by Michael McCullough ¹ ¹ University of California, San Diego
	"The Global Gratitude Study: A cross-cultural examination of the effects of multiple gratitude interventions on subjective well-being" by Nicholas Coles ¹ ¹ University of Florida
	<i>"Variances and invariances in how gratitude is experienced and expressed in 360 world societies"</i> by Michael McCullough ¹ and Hillary Lenfesty ² ¹ University of California, San Diego, ² Arizona State University
10:00 AM	Flash Talk Session 1
	<i>"Gratitude buffers the impact of parental anxiety on parenting"</i> by Gao-Xian Lin ¹ , Katherine Nelson-Coffey ² , and Yen-Ping Chang ³ ¹ National Chengchi University, ² Arizona State University, ³ National Tsing Hua University
	<i>"The architecture of appreciation: Decoding effective gratitude communication in romantic partnerships"</i> by Maximiliane Uhlich ¹ , Simone Wyss ¹ , Claire Szapary ² , Vanessa Samyü Luu ¹ , and Sara Algoe ³ ¹ University of Basel, ² Massachusetts General Hospital, ³ University of North Carolina at Chapel Hill
	"Do gratitude and indebtedness predict prosociality in romantic relationships?" by Mariko L. Visserman ¹ , Young-Hoon Kim ² , Eri Sasaki ³ , Jeong Eun Cheon ² , Amy Muise ⁴ , Bonnie M. Le ⁵ , Arushi Srivastava ⁶ , Rebecca M. Horne ⁷ , and Emily A. Impett ⁷ ¹ University of Sussex, ² Yonsei University, ³ Vrije Universiteit Amsterdam, ⁴ York University, ⁵ University
	of Rochester, ⁶ University of California, San Diego, ⁷ University of Toronto
	"Sacrifice, gratitude, and gender roles: A cross-cultural exploration of romantic relationship dynamics" by Xinyi Yang ¹ , Mariko L. Visserman ¹ , and Ayse Uskul ¹ ¹ University of Sussex
	<i>"Mapping emotion-specific links with wellbeing"</i> by Irene Teulings ¹ ¹ University of Oslo
	"The importance of leader gratitude: How supervisors and subordinates perceive and value workplace gratitude" by Meghan E. Kane ¹ , Giselle Chaviano ¹ , Emma Bizjak ¹ , Madison Philio ¹ , Andrea Orellana ¹ , Lauren R. Locklear ² , and Mark G. Ehrhart ¹ ¹ University of Central Florida, ² Texas Tech University
	<i>"I don't deserve you: Investigating whether self-critical statements undermine the benefits of gratitude"</i> by Emily O'Brien ¹ and Kirby Sigler ¹ ¹ University of Pittsburgh

Speaker details

10:45 AM	Break / Poster Q&A Session 1
	"How do gratitude expressions predict feelings of appreciation, positivity, and relationship satisfaction in romantic relationships" by Jordan Bacharach ¹ , Emily Diamond ¹ , and Amie M. Gordon ¹ ¹ University of Michigan
	<i>"Not just 'I' or 'you,' but 'we': The role of synchrony during gratitude conversations between romantic partners"</i> by Emily Diamond ¹ , Anna Luerssen ² , and Amie M. Gordon ¹ ¹ University of Michigan, ² Lehman College
	"The consequences of emotionally invalidating childhood experiences on expressed and perceived gratitude in romantic relationships" by Paige Leggett ¹ , Veronica Lamarche ¹ , and Megan Klabunde ¹ ¹ University of Essex
	"When 'thanks' hinders social contact?: Encouraging people to express gratitude to an old friend undermines reconnection efforts" by Janaki Patel ¹ , Lara B. Aknin ¹ , and Kristina K. Castaneto ¹ ¹ Simon Fraser University
	"What types of gratitude notes promote a recipient's willingness to engage in subsequent prosocial behavior?" by Kelton L. Travis ¹ , Anurada U. Amarasekera ² , Kristina K. Castaneto ¹ , Tiara A. Cash ¹ , and Lara B. Aknin ¹ ¹ Simon Fraser University, ² Toronto Metropolitan University
11:00 AM	Global Gratitude Dataverse Demonstration
11:00 AM 11:30 AM	Global Gratitude Dataverse Demonstration The Early Development and Socialization of Gratitude in India and the United States Amrisha Vaish ¹ , Session Chair ¹ University of Virginia
	The Early Development and Socialization of Gratitude in India and the United States Amrisha Vaish ¹ , Session Chair
	The Early Development and Socialization of Gratitude in India and the United States Amrisha Vaish ¹ , Session Chair ¹ University of Virginia <i>"A cross-cultural examination of children's expressions of gratitude in the</i> <i>United States and India"</i> by Ruby Gerken ¹ , Qiao Chai ¹ , Parvathy Viswanath ² , Aneesh Kumar ² , and Amrisha Vaish ¹
	 The Early Development and Socialization of Gratitude in India and the United States Amrisha Vaish¹, Session Chair ¹University of Virginia "A cross-cultural examination of children's expressions of gratitude in the United States and India" by Ruby Gerken¹, Qiao Chai¹, Parvathy Viswanath², Aneesh Kumar², and Amrisha Vaish¹ ¹University of Virginia, ²Christ University "The development of children's understanding of gratitude in two cultures" by Camile Bernard¹, Qiao Chai¹, Parvathy Viswanath², Aneesh Kumar², and Amrisha Vaish¹

Speaker details

12:45 PM	Break / Poster Q&A Session 2
	"A transcendent view of gratitude: The Transpersonal Gratitude Scale" by Patty Hlava ¹ , John Elfers ¹ , and Reid Offringa ² ¹ Sofia University, ² Columbia University
	"The interplay of gratitude in parent-adolescent dyads in the context of positive family processes" by Yingnan Jin ¹ and Mengya Xia ¹ ¹ Arizona State University
	<i>"From presents to presence: High quality benefactors amplify the benefits of gratitude expression"</i> by Katherine Nelson-Coffey ¹ , Karissa Beesley ² , John K. Coffey ¹ , and Tina Vuong ¹ ¹ Arizona State University, ² University of Michigan
	"When 'thanks' hinders social contact?: Encouraging people to express gratitude to an old friend undermines reconnection efforts" by Janaki Patel ¹ , Lara B. Aknin ¹ , and Kristina K. Castaneto ¹ ¹ Simon Fraser University
	<i>"Are you in a 'not so good' mood? A gratitude letter could help"</i> by Tanya Vannoy ¹ , Lisa Walsh ² , and Sonja Lyubomirsky ¹ ¹ University of California, Riverside, ² University of California, Los Angeles
1:00 PM	New Insights in Gratitude Research
	"Gratitude and wellbeing: A robust relationship across individual differences, but shaped by culture and context" by Irene Teulings ¹ and Rui Sun ² ¹ University of Oslo, ² University of Chicago
	"Gleaning information from a 'Thank You': Halo effects, affiliative intentions, and behavior from witnessing a gratitude expression" by Alexandra Gray ¹ and David DeSteno ¹ ¹ Northeastern University
	<i>"Glad to help out: Gratitude is associated with taking costly prosocial action"</i> by Randy T. Lee ¹ , Kirstan Brodie ¹ , Jerry Richardson ¹ , and Thomas Gilovich ¹ ¹ Cornell University
2:00 PM	Flash Talk Session 2
	<i>"The seeds of gratitude: Exploring the origins of food gratitude in children"</i> by Isabella J. Seip ¹ , Simone P. Nguyen ¹ , and Alexis Longinetti ¹ ¹ University of North Carolina at Wilmington
	<i>"The role of approach and avoidance motives in gratitude expression and perception"</i> by Xiangjing Kong ¹ ¹ Syracuse University
	"The overlapping nature of love and gratitude in a cross-cultural context: Experiences from the United States, China, and Chile" by Emily Mendelson ¹ , Cristina Salvador ² , Caimiao Liu ³ , Natalia Espinosa ² , and John Caughlin ¹ ¹ University of Illinois Urbana-Champaign, ² Duke University, ³ University of Virginia

Speaker details

2:00 PM Flash Talk Session 2 (cont.)

"Latent profiles of gratitude, indebtedness, and religiosity among individuals in romantic relationships in the United States, Canada, and South Korea" by Hanieh Naeimi¹, Natalie M. Sisson¹, Nathan D. Leonhardt², Young-Hoon Kim³, and Emily A. Impett¹

¹University of Toronto, ²Brigham Young University, ³Yonsei University

"I sense your effort and appreciate it: The links between relationship growth beliefs, perceived partner effort, and gratitude" by Haeyoung Gideon Park¹, Eri Sasaki², Natalie M. Sisson¹, Mariko L. Visserman³, Levi R. Baker⁴, Cheryl Harasymchuk⁵, Amy Muise⁶, Young-Hoon Kim⁷, and Emily A. Impett¹ ¹University of Toronto, ²Vrije Universiteit Amsterdam, ³University of Sussex, ⁴University of North Carolina at Greensboro, ⁵Carleton University, ⁶York University, ⁷Yonsei University

"Unheard gratitude: How recipients' responses to gratitude expressions shape couples' well-being" by Claire Shimshock¹ and Bonnie M. Le¹ ¹University of Rochester

2:45 PM Closing Remarks Sara Algoe¹

¹University of North Carolina at Chapel Hill