

# Program of events



**THE LOVE  
CONSORTIUM**

**2023 TLC Global Gratitude Summit**  
September 13, 2023

# 2023 TLC Global Gratitude Summit

Schedule at a glance

**Wednesday**  
**September 13, 2023**  
**8:00AM - 2:15PM\***  
**Zoom**

\*Times listed are  
Eastern Daylight Time

- |              |   |
|--------------|---|
| <b>8:00</b>  | Opening Remarks   |
| <b>8:30</b>  | Gratitude Beyond Interpersonal Relationships                              |
| <b>9:30</b>  | Flash Talk Session 1  |
| <b>10:00</b> | Cross-Cultural Examinations   |
| <b>10:45</b> | Panel Discussion: Challenges and Opportunities of Cross-Cultural Research |
| <b>11:30</b> | Global Gratitude Dataverse Demonstration + Funding Opportunities          |
| <b>12:00</b> | Gratitude Interventions   |
| <b>1:00</b>  | Flash Talk Session 2  |
| <b>1:45</b>  | Future Directions   |
| <b>2:00</b>  | Closing Remarks   |

8:00 AM

### Opening Remarks

Sara Algoe<sup>1</sup> and Mike McCullough<sup>2</sup>

<sup>1</sup>University of North Carolina at Chapel Hill, <sup>2</sup>University of California San Diego

8:30 AM

### Gratitude Beyond Interpersonal Relationships

*“Thank you, whatever you are: Preliminary findings on how gratitude may be extended to nonhuman beings”* by Yen-Ping Chang<sup>1</sup>

<sup>1</sup>National Tsing Hua University, Taiwan

*“Gratitude letters to nature lead to more sustainable self-nature relationships”* by Tyler Jacobs<sup>1</sup> and Allen McConnell<sup>2</sup>

<sup>1</sup>Swarthmore College, <sup>2</sup>Miami University

*“Thank you, me: Past self-gratitude shapes narrative identity and self-perceptions”* by Samantha Zaw<sup>1</sup>, Ashley N. Krause<sup>2</sup>, Joshua D. Perlin<sup>2</sup>, Yijun Lin<sup>2</sup>, Erin C. Westgate<sup>2</sup>, Matthew Baldwin<sup>3</sup>

<sup>1</sup>University of Chicago, <sup>2</sup>University of Florida, <sup>3</sup>Noom, Inc.

9:30 AM

### Flash Talk Session 1

*“The role of relationship power in people’s expressions of gratitude in response to partner sacrifice”* by Mariko Visserman<sup>1</sup> and Matthew Hammond<sup>2</sup>

<sup>1</sup>University of Sussex, <sup>2</sup>University of Wellington

*“Gratitude Tree: an online social gratitude platform”* by Min Zhang<sup>1</sup>, Arosha K. Bandara<sup>1</sup>, Varlos Arce-Plata<sup>1</sup>, Camilla Elphick<sup>1</sup>, Richard Philpot<sup>1</sup>, Zoe Walkington<sup>1</sup>, Lara Frumkin<sup>1</sup>, Blaine Price<sup>1</sup>, Graham Pike<sup>1</sup>, Mark Levine<sup>2</sup>, Bashar Nuseibeh<sup>1,3</sup>

<sup>1</sup>The Open University, <sup>2</sup>Lancaster University, <sup>3</sup>University of Limerick

*“Expressions of gratitude during minimal social interactions: A simple thank you may increase life satisfaction”* by Esra Ascigil<sup>1</sup>, Gul Gunaydin<sup>1</sup>, Emre Selcuk<sup>1</sup>, Gillian Sandstrom<sup>2</sup>, Erdal Aydin<sup>1</sup>

<sup>1</sup>Sabanci University, <sup>2</sup>University of Sussex

10:00 AM

### Cross-Cultural Examinations

*“Cultural variation in the correlates of gratitude to God”* by Allon Vishkin<sup>1</sup>, Min Young Kim<sup>2</sup>, Yoed Kenett<sup>1</sup>, Nevin Solak<sup>3</sup>, Kinga Szymaniak<sup>4</sup>, Cindel White<sup>5</sup>, Shinobu Kitayama<sup>6</sup>

<sup>1</sup>Israel Institute of Technology, <sup>2</sup>Keimyung University, <sup>3</sup>TED University Turkey, <sup>4</sup>University of Warsaw, <sup>5</sup>York University, <sup>6</sup>University of Michigan

*“Gratitude and wellbeing during the pandemic: Robust relationships across cultures, age, gender, and SES”* by Irene Teulings<sup>1</sup> and Rui Sun<sup>2</sup>

<sup>1</sup>University of Oslo, <sup>2</sup>University of Chicago

*“Gratitude is morally sensitive”* by Hongbo Yu<sup>1</sup>, Yubo Zhou<sup>2</sup>, and Anne-Marie Nussberger<sup>3</sup>

<sup>1</sup>University of California Santa Barbara, <sup>2</sup>University of Pennsylvania, <sup>3</sup>Max Planck Institute for Human Development

10:45 AM

### Panel Discussion: Challenges and Opportunities of Cross-Cultural Research

Panelists: Allon Vishkin<sup>1</sup>, Irene Teulings<sup>2</sup>, Rui Sun<sup>3</sup>, Hongbo Yu<sup>4</sup>, Cristina Salvador<sup>5</sup>, and Ayse Uskul<sup>6</sup>; Moderated by Sara Algoe<sup>7</sup>

<sup>1</sup>Israel Institute of Technology, <sup>2</sup>University of Oslo, <sup>3</sup>University of Chicago, <sup>4</sup>University of California Santa Barbara, <sup>5</sup>Duke University, <sup>6</sup>University of Sussex, <sup>7</sup>University of North Carolina at Chapel Hill

11:30 AM

### Global Gratitude Dataverse Demonstration + Funding Opportunities

12:00 PM

### Gratitude Interventions

*"Gratitude, but not all positive emotions, decreases appetitive risk behavior"* by Ke Wang<sup>1</sup>, Vaughan Rees<sup>1</sup>, Charles Dorison<sup>2</sup>, Ichiro Kawachi<sup>1</sup>, and Jennifer Lerner<sup>1</sup>  
<sup>1</sup>Harvard University, <sup>2</sup>Georgetown University

*"Gratitude improves parents' well-being and family functioning"* by Katherine Nelson-Coffey<sup>1</sup> and John K. Coffey<sup>1</sup>  
<sup>1</sup>Arizona State University

*"Gratitude and generosity: Does putting the "you" in "thank you" promote giving behavior?"* by Patrick Dwyer<sup>1</sup> and Audra Vaz<sup>2</sup>  
<sup>1</sup>Indiana University, <sup>2</sup>University of South Carolina

1:00 PM

### Flash Talk Session 2

*"Why expressing gratitude may elicit support in times of distress"* by Amanda Forest<sup>1</sup> and Rebecca Walsh<sup>2</sup>  
<sup>1</sup>University of Pittsburgh, <sup>2</sup>Strategyn

*"Thanks, I hate it: Antecedents of inauthentic gratitude expressions at work"* by Lauren Locklear<sup>1</sup>, Meghan Kane<sup>2</sup>, and Mark Ehrhart<sup>2</sup>  
<sup>1</sup>Texas Tech University, <sup>2</sup>University of Central Florida

*"The goldilocks effect of gratitude expressions at work"* by Meghan Kane<sup>1</sup>, Lauren Locklear<sup>2</sup>, and Mark Ehrhart<sup>1</sup>  
<sup>1</sup>University of Central Florida, <sup>2</sup>Texas Tech University

*"Benefactor self-control is differentially related to gratitude for the person and gratitude for the favor"* by Michelle vanDellen<sup>1</sup>, Julian W.C. Wright<sup>1</sup>, Molly Minnen<sup>2</sup>, Annie Somerville<sup>3</sup>, LeeAnn Haskins<sup>4</sup>, and Christina Wilcher<sup>1</sup>  
<sup>1</sup>University of Georgia, <sup>2</sup>Radford University, <sup>3</sup>University of Virginia, <sup>4</sup>FDA

*"Comparing the impact of identity- vs. action- focused gratitude expressions on subsequent prosocial behaviour: A registered report study design"* by Anurada U. Amarasekera<sup>1</sup>, Lara B. Akin<sup>2</sup>, and Tiara A. Cash<sup>2</sup>  
<sup>1</sup>Toronto Metropolitan University, <sup>2</sup>Simon Fraser University

*"Gratitude effects on fear and guilt: Remembering gratitude enhances sensitivity to negative, but not positive, vignettes"* by Beatriz Bezerra de Souza<sup>1</sup>, Paulo S. Boggio<sup>1</sup>, Gabriel Gaudencio Rêgo<sup>1</sup>, Ursula Davidoff<sup>1</sup>, Marcella Maretti<sup>1</sup>, Laura Prado<sup>1</sup>, Tanja S. H. Wingenbach<sup>1</sup>, Ana Luiza<sup>2</sup>, Mark A. Thornton<sup>2</sup>, Diana I. Tamir<sup>3</sup>, and June Gruber<sup>4</sup>  
<sup>1</sup>Mackenzie Presbyterian University, <sup>2</sup>Dartmouth College, <sup>3</sup>Princeton University, <sup>4</sup>University of Colorado

1:45 PM

### Future Directions

2:00 PM

### Closing Remarks